

Dear Mighty Men Base Camp Camper and Parent,

We look forward to seeing your child at camp this summer! This letter contains necessary information for summer camp. Here are some times to keep in mind:

Drop-off: Sunday between 3:00-4:30 pm

Pick-up: Wednesday between 1:30-2:00 pm

<u>Required Camper Health Form</u>: In addition to this letter, you should have received in your original confirmation email a PDF attachment of the Camper Health Form.

- Page 1 is to be completed by a parent/guardian
- Pages 2-3 are to be completed by the camper's doctor.

Please submit this to your doctor in advance so that you can have this form completed prior to camp. Bring the original with you for check-in on Sunday. There is no need to submit the form in advance, but please note that due to Dept. of Health regulations you must use our health form, not an alternative form.

Parent's Questionnaire: This form can be completed electronically through your online account, and is helpful for our staff to know how we can best serve your camper. Click the link in the email to access the form.

Luggage and Packing:

*Important: All medications being brought with the camper must be in their original bottles (prescription or OTC) with proper labels. They will be given to the nurse during check-in. No medications may be kept on the camper except as authorized by the doctor's portion of the health form.

Please see the reverse side for a Base Camp Packing List

If you have any questions about registration, payments, or other issues, please contact us at info@camphickoryhill.org or call (585) 535-7832.

Sincerely,

The Camp Hickory Hill Team

Packing List for Base Camp

Necessary:

- 40 Liter DRY BAG (You can get these at WalMart, Dick's, Gander Mt, EMS)
- Hiking Shoes/Sneakers (These are your Dry shoes for hiking & hanging out in camp)
- Sandals or Water Socks (These are your Wet shoes for when you are in the creek)
- Sleeping bag
- Sleeping pad
- o Raingear
- o Headlamp
- Insect Repellant
- Sunscreen & Hat
- o Toothbrush and Toothpaste
- o Biodegradable Camp Soap & Shampoo
- Small Bible in a Ziploc Bag
- Notepad and pen/pencil in a Ziploc Bag
- Eating utensils (Spoon, bowl, metal cup)
- Light jacket or fleece (It may get cooler at night.)
- Wool or wool blend socks (Bring at least three pair. NO COTTON)
- Underwear (One to wear, one to spare.)
- T-shirt (Synthetic shirts dry quickly. Spare T-shirts are up to you. You're carrying them.)
- o Zip Off Pants (Synthetic is best. Even athletic warm-up pants will do better than jeans.)
- Shorts (If you have convertible pants with zip off legs you can skip shorts.)
- Swim Trunks
- Backpacking Towel
- Water bottle or Hydration bladder (Camelback)

Optional:

- o Camera
- o Sunglasses
- Small pocket knife or multi-tool (no fixed blade or sheath knives)
- Extra batteries for flashlight or camera

***Please Do Not Bring:** Cell phones, video games, knives/weapons (other than small pocket knife), tobacco, alcohol, valuables that could be lost, or any medication not in its original bottle or not listed on the camper health form.